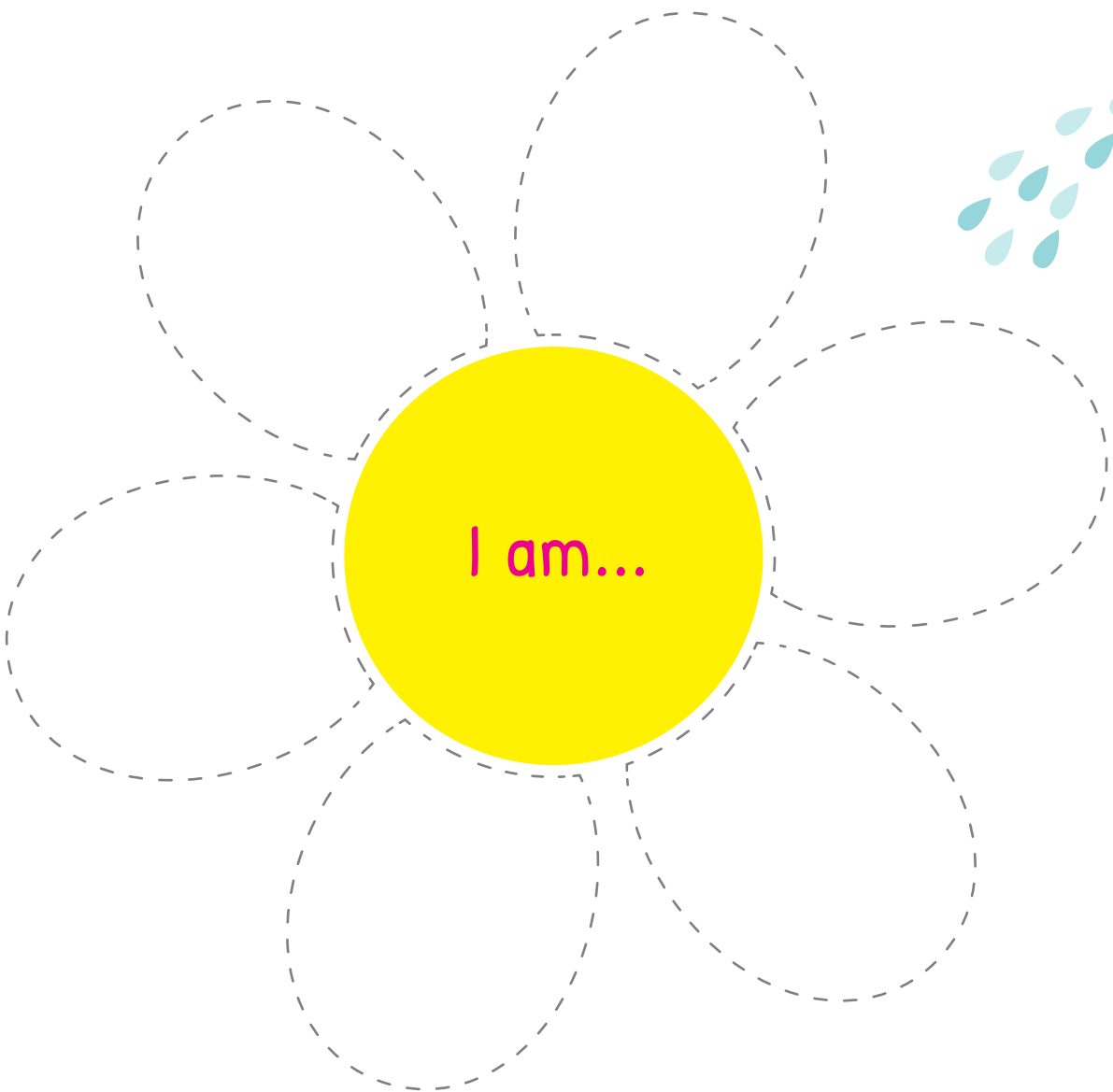


How can you be kind to yourself? Write your ideas inside of each petal and finish drawing the flower.



Can you use positive and kind words to describe yourself?
Write them inside of each petal and finish
drawing the flower.



Create your own kindness flower.

