

# Positive and Negative Emotions

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Name: \_\_\_\_\_

Cut out the emotions, then sort them into  
positive and negative columns.

Happy	Excited	Frustrated
Angry	Upset	Content
Joyful	Sad	Surprised
Nervous	Annoyed	Anxious
Delighted	Embarrassed	Cheerful
Shocked	Nervous	Glum
Miserable	Excited	Scared
Afraid	Amazed	Irritated



# Postive and Negative Emotions

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Name: \_\_\_\_\_

Positive	Negative

